

**apetito Nutrition Information (Updated: Thu Oct 10 17:24:39 2024)**

Brand	Product	Product Code	GTIN/UPC Code	Pack Size	Calories	Protein (g)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Phosphorus (mg)	Vitamin A (RE)	Calcium (mg)	Vitamin C (mg)	Iron (mg)	
<b>apetito</b>	Raspberry Tart (36 units/cs)	<b>14080</b>	00056202140808	36 x 85 g	<b>325</b>	<b>4</b>	<b>42</b>	<b>1</b>	<b>15</b>	<b>15</b>	<b>6</b>	<b>0</b>	<b>12</b>	<b>190</b>	<b>125</b>	<b>15</b>	<b>0</b>	<b>30</b>	<b>0</b>	<b>2</b>	
Ingredients: Unbleached white flour, Water, Shortening (palm, soybean, modified palm oil), Sugar, Raspberries, Modified corn starch, Vinegar, Citric acid, Pectin, Salt, Baking powder, Xanthan gum, Sodium benzoate, Sodium propionate, Natural flavour, Natural colour. <b>MAY CONTAIN:</b> Tree nuts																					
<b>apetito</b>	Vegetable Curry	<b>04502</b>	00056202045028	5 x 1kg	<b>80</b>	<b>2</b>	<b>12</b>	<b>3</b>	<b>2</b>	<b>3</b>	<b>0.3</b>	<b>0.0</b>	<b>0</b>	<b>190</b>	<b>200</b>	<b>50</b>	<b>100</b>	<b>30</b>	<b>5</b>	<b>1</b>	
Ingredients: Water, Onions, Butternut squash, Green beans, Navy beans (white beans, water, salt, calcium chloride, disodium EDTA), Celery, Parsnips, Carrots, Split yellow peas, Crushed tomatoes (tomatoes, salt, citric acid), Canola oil, Modified starch (corn, tapioca or potato), Garlic (dehydrated garlic, water, canola oil, citric acid), curry (spices), Ginger in vegetable oil (canola), Salt, Xanthan gum, Herb.																					
<b>apetito</b>	Vegetarian Chili	<b>04501</b>	00056202045011	5 x 1kg	<b>80</b>	<b>6</b>	<b>10</b>	<b>4</b>	<b>3</b>	<b>2.5</b>	<b>0.2</b>	<b>0.0</b>	<b>0</b>	<b>310</b>	<b>300</b>	<b>75</b>	<b>50</b>	<b>75</b>	<b>3.5</b>	<b>1.75</b>	
Ingredients: Water, Red kidney beans (red kidney beans, water, salt, calcium chloride, disodium EDTA), Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Textured soy protein product (soy protein concentrate, caramel colour), Crushed tomatoes (tomatoes, salt, citric acid), Onions, Canola oil, Green peppers, Carrots, Modified starch (corn, tapioca or potato), Chili powder (spices, salt, herbs, garlic), Salt, Sugars (molasses, brown sugar), Xanthan gum, Yeast extract, Spices. <b>MAY CONTAIN:</b> Sulphites																					
<b>apetito</b>	Country Vegetable Soup	<b>02012</b>	00056202020124	10 x 1kg	<b>45</b>	<b>2</b>	<b>7</b>	<b>2</b>	<b>1</b>	<b>1</b>	<b>0.1</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>150</b>	<b>40</b>		<b>40</b>		<b>0.5</b>	
Ingredients: Water, Navy beans (white beans, water, salt, calcium chloride, disodium EDTA), Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Potatoes, Onions, Carrots, Spinach, Celery, Cabbage, Canola oil, Garlic (dehydrated garlic, water, canola oil, citric acid), Yeast extract, Xanthan gum, Vegetable seasoning (salt, dehydrated vegetables (peas, carrots, onions, leeks, garlic), sugar, spices (celery)), dehydrated yellow peas, paprika), Herb, Spices.																					
<b>apetito</b>	Vegetable Broth	<b>02261</b>	00056202022616	5 x 2 kg	<b>10</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>210</b>	<b>40</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>0</b>	<b>0</b>	
Ingredients: Water, Vegetable soup seasoning (corn syrup solids, sugar, dehydrated vegetables (carrots, onions), canola oil, yeast extract, spices), Salt, Yeast extract, Vegetable broth concentrate (Vegetable broth concentrate (tomatoes, mushrooms, onions, carrots, celery), sugar, maltodextrin, salt, yeast extract, xanthan gum, natural flavour), Spices.																					
<b>apetito</b>	Vegetarian Pasta Primavera	<b>04506</b>	00056202045066	5 x 1kg	<b>70</b>	<b>3</b>	<b>12</b>	<b>1</b>	<b>2</b>	<b>1.5</b>	<b>0.2</b>	<b>0.0</b>	<b>0</b>	<b>250</b>	<b>150</b>	<b>30</b>	<b>50</b>	<b>40</b>	<b>3</b>	<b>0.4</b>	
Ingredients: Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Water, Pasta (durum wheat semolina pasta, water, canola oil, salt), Onions, Spinach, Red kidney beans (red kidney beans, water, salt, calcium chloride, disodium EDTA), Crushed tomatoes (tomatoes, salt, citric acid), Carrots, Modified starch (corn, tapioca or potato), Canola oil, Vegetable seasoning (salt, dehydrated vegetables (peas, carrots, onions, leeks, garlic), sugar, spices (celery)), dehydrated yellow peas, paprika), Salt, Yeast extract, Xanthan gum, Spices.																					
<b>apetito</b>	Vegetarian Dhal	<b>04503</b>	00056202045035	5 x 1 kg	<b>80</b>	<b>4</b>	<b>11</b>	<b>4</b>	<b>2</b>	<b>3</b>	<b>0.3</b>	<b>0</b>	<b>0</b>	<b>220</b>	<b>225</b>	<b>75</b>		<b>30</b>		<b>1.75</b>	
Ingredients: Lentils (water, green lentils), Water, Onions, Spinach, Carrots, Celery, Green peppers, Apples (apples, citric acid, ascorbic acid, salt), Canola oil, Crushed tomatoes (tomatoes, salt, citric acid), Concentrated lemon juice, Garlic (dehydrated garlic, water, canola oil, citric acid), Salt, Ginger in vegetable oil (canola), Xanthan gum, Spices.																					
<b>apetito</b>	Vegetarian Stew	<b>04504</b>	00056202045042	5 x 1kg	<b>70</b>	<b>4</b>	<b>11</b>	<b>2</b>	<b>4</b>	<b>1.5</b>	<b>0.4</b>	<b>0.0</b>	<b>0</b>	<b>210</b>	<b>250</b>	<b>50</b>	<b>50</b>	<b>30</b>	<b>5</b>	<b>0.75</b>	
Ingredients: Water, Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Navy beans (white beans, water, salt, calcium chloride, disodium EDTA), Green lentils, Onions, Potatoes, Celery, Cabbage, Parsnips, Carrots, Textured soy protein (soy flour, caramel colour (contains sulphites)), Mushrooms, Green beans, Tomato paste, seasoning (dextrose, sugar, carrot powder, onion powder, vegetable oil shortening, autolyzed yeast, spice (celery seed)), Canola oil, Dried apricots (apricots, rice flour, sulfur dioxide), Barley, Modified starch (corn, tapioca or potato), Garlic (dehydrated garlic, water, canola oil, citric acid), Salt, Vegetable seasoning (salt, dehydrated vegetables (peas, carrots, onions, leeks, garlic), sugar, spices (celery)), dehydrated yellow peas, paprika), Xanthan gum, Paprika, Turmeric, Herbs, Spices. <b>MAY CONTAIN:</b> Mustard																					
<b>apetito</b>	Vegetarian Tofu Oriental	<b>04505</b>	00056202045059	5 x 1kg	<b>110</b>	<b>7</b>	<b>7</b>	<b>1</b>	<b>2</b>	<b>5</b>	<b>0.5</b>	<b>0.1</b>	<b>0</b>	<b>300</b>	<b>300</b>	<b>100</b>	<b>87.5</b>	<b>75</b>	<b>6</b>	<b>1.5</b>	
Ingredients: Water, Tofu (water, soybeans, natural coagulants (calcium chloride, calcium sulphate)), Celery, Carrots, Peas, Onions, Soy protein, Tomato paste, Canola oil, Modified starch (corn, tapioca or potato), Ginger in vegetable oil (canola), Soy sauce (water, wheat, soybeans, salt, sodium benzoate), Vegetable seasoning (salt, dehydrated vegetables (peas, carrots, onions, leeks, garlic), sugar, spices (celery)), dehydrated yellow peas, paprika), Sesame oil (sesame oil, canola oil), Salt, Yeast extract, Sugar, Xanthan gum, Chili powder (spices, salt, herbs, garlic), Spices.																					
<b>apetito</b>	Turkey Chili	<b>04579</b>	00056202045790	3 x 2kg	<b>80</b>	<b>6</b>	<b>6</b>	<b>2</b>	<b>2</b>	<b>3</b>	<b>0.5</b>	<b>0.0</b>	<b>30</b>	<b>220</b>	<b>250</b>	<b>100</b>	<b>50</b>	<b>30</b>	<b>11</b>	<b>1.25</b>	
Ingredients: Ground turkey thigh, Water, Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Red kidney beans (red kidney beans, water, salt, calcium chloride, disodium EDTA), Red peppers, Tomato paste, Green peppers, Onions, Carrots, Canola oil, Modified starch (corn, tapioca or potato), Salt, Yeast extract, Sugars (brown sugar, molasses), Xanthan gum, Chili powder (spices, salt, herbs, garlic), Spices.																					
<b>apetito</b>	Chicken Noodle Soup	<b>00122</b>	00056202001222	10 x 1kg	<b>40</b>	<b>3</b>	<b>7</b>	<b>0</b>	<b>2</b>	<b>0.2</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>30</b>	<b>100</b>	<b>20</b>	<b>50</b>	<b>10</b>	<b>0.8</b>	<b>0.3</b>	
Ingredients: Water, Carrots, Macaroni (durum wheat semolina, niacin, ferrous sulphate, thiamine mononitrate, riboflavin, folic acid), Chicken, Onions, Modified starch (corn, tapioca or potato), Chicken seasoning (dextrose, yeast extract, flavour, spices, salt), Corn starch, Yeast extract, Gelatin, Parsley flakes, Spices.																					
<b>apetito</b>	Sweet and Sour Chicken	<b>04541</b>	00056202045417	3 x 2 kg	<b>90</b>	<b>8</b>	<b>11</b>	<b>1</b>	<b>8</b>	<b>1.5</b>	<b>0.2</b>	<b>0</b>	<b>25</b>	<b>350</b>	<b>150</b>	<b>75</b>	<b>18.7</b>	<b>10</b>	<b>1.9</b>	<b>0.2</b>	
Ingredients: Seasoned chicken breast (chicken breast fillets, water, modified cornstarch, salt), Water, Vegetable blend (red, green and yellow bell peppers, onions), Pineapple pieces (pineapple, pineapple juice, citric acid), Sugar, Vinegar, Tomato catsup (tomato paste, liquid sugar, vinegar, salt, onion powder, spices), Modified corn starch, Soy sauce (water, wheat, soybeans, salt, sodium benzoate), Chicken seasoning (salt, dehydrated chicken, chicken fat (includes rosemary extract)), rice flour, sugar, dehydrated vegetables (onion, garlic), spices (includes celery), turmeric), Canola oil, Garlic (garlic, canola oil, citric acid), Ginger root, Xanthan gum.																					
<b>apetito</b>	Apple Braised Pork	<b>04542</b>	00056202045424	3 x 2 kg	<b>120</b>	<b>13</b>	<b>10</b>	<b>0</b>	<b>8</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>25</b>	<b>280</b>	<b>250</b>	<b>150</b>	<b>0</b>	<b>10</b>	<b>1.05</b>	<b>1</b>	
Ingredients: Diced pork sirloin, Water, Apple juice concentrate, Apples (apples, ascorbic acid, citric acid, salt), Onions, Modified corn starch, Pork flavour (autolyzed yeast extract, salt, corn maltodextrin, flavour, smoke flavour), Garlic (water, dehydrated garlic, canola oil, citric acid), Canola oil, Salt, Xanthan gum, Black pepper.																					
<b>apetito</b>	Beef Stew	<b>04544</b>	00056202045448	3 x 2 kg	<b>90</b>	<b>9</b>	<b>7</b>	<b>1</b>	<b>1</b>	<b>2.5</b>	<b>0.5</b>	<b>0</b>	<b>20</b>	<b>300</b>	<b>250</b>	<b>100</b>	<b>0</b>	<b>20</b>	<b>39.9</b>	<b>0.7</b>	
Ingredients: Beef, Water, Potatoes (potatoes, canola oil, sodium phosphate, dextrose), Onions, Celery, Carrots, Peas, Tomato paste (tomatoes, citric acid), Modified corn starch, Salt, Sugar, Beef seasoning (corn syrup solids, salt, corn starch, flavour, caramel colour, dehydrated onions, vegetable oil (canola, extra virgin olive), beef extract, dextrose, sugar, disodium guanylate, disodium inosinate, spices (celery)), Canola oil, Garlic (water, dehydrated garlic, canola oil, citric acid), Flavour (flavour, salt, yeast extract (sulphites)), Yeast extract, Xanthan gum, Caramel colour (sulphites), Thyme, Black pepper, Bay leaves.																					
<b>apetito</b>	Beef Bourguignonne	<b>04545</b>	00056202045455	3 x 2 kg	<b>90</b>	<b>11</b>	<b>4</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>25</b>	<b>380</b>	<b>225</b>	<b>100</b>	<b>24.1</b>	<b>20</b>	<b>0.3</b>	<b>1.25</b>	
Ingredients: Beef, Water, Pearl onions, Mushrooms, Red wine (sulphites), Celery, Carrots, Tomato paste (tomatoes, citric acid), Modified corn starch, Red wine vinegar (sulphite), Canola oil, Salt, Garlic (water, dehydrated garlic, canola oil, citric acid), Beef seasoning (corn syrup solids, salt, corn starch, flavour, caramel colour, dehydrated onions, vegetable oil (canola, extra virgin olive), beef extract, dextrose, sugar, disodium guanylate, disodium inosinate, spices (celery)), Xanthan gum, Basil, Sugar, Black pepper, Ground thyme, Bay leaves, Caramel colour (sulphites).																					
<b>apetito</b>	Chicken Pasta Rose	<b>04546</b>	00056202045462	3 x 2kg	<b>70</b>	<b>7</b>	<b>11</b>	<b>1</b>	<b>3</b>	<b>0.5</b>	<b>0.2</b>	<b>0</b>	<b>15</b>	<b>330</b>	<b>200</b>	<b>75</b>	<b>50</b>	<b>30</b>	<b>4</b>	<b>0.5</b>	
Ingredients: Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Water, Seasoned chicken breast (chicken breast fillets, water, modified corn starch, salt), Pasta (durum wheat semolina, niacin, ferrous sulphate, thiamine mononitrate, riboflavin, folic acid), Crushed tomatoes (tomatoes, salt, citric acid), Carrots, Onions, Zucchini, Peas, Modified starch (corn, tapioca or potato), Parmesan cheese (modified milk ingredients, milk, bacterial culture, salt, lipase, microbial enzyme, cellulose, sorbic acid, may contain calcium chloride), Cream (milk, cream, carrageenan, disodium phosphate, mono and diglycerides, sodium citrate), Sugar, Salt, Canola oil, Yeast extract, Xanthan gum, Spices.																					
<b>apetito</b>	Pork Chow Mein	<b>04548</b>	00056202045486	3 x 2kg	<b>80</b>	<b>6</b>	<b>9</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>1.5</b>	<b>0.0</b>	<b>10</b>	<b>210</b>	<b>150</b>	<b>75</b>	<b>84</b>	<b>10</b>	<b>8</b>	<b>0.5</b>	

Brand	Product	Product Code	GTIN/ UPC Code	Pack Size	Calories	Protein (g)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Phosphorus (mg)	Vitamin A (RE)	Calcium (mg)	Vitamin C (mg)	Iron (mg)	
<b>apetito</b>	Chicken with BBQ Sauce	<b>04549</b>	00056202045493	3 x 2 kg	<b>100</b>	<b>17</b>	<b>5</b>	<b>1</b>	<b>3</b>	<b>1</b>	<b>0.2</b>	<b>0</b>	<b>50</b>	<b>240</b>	<b>350</b>	<b>150</b>	<b>20</b>	<b>0</b>	<b>3</b>	<b>0.75</b>	
Ingredients: Cooked seasoned chicken breast (chicken breast fillets, water, modified corn starch, salt), Water, Tomato paste (tomatoes, citric acid), Vinegar, Onions, Brown sugar, Soy sauce (water, salt, caramel, hydrolyzed soy protein, corn syrup, glucose-fructose, sodium benzoate), Modified corn starch, Garlic (water, dehydrated garlic, canola oil, citric acid), Canola oil, Lemon juice (water, concentrated lemon juice, sulphites, lemon oil), Worcestershire sauce (white vinegar, blackstrap molasses, glucose-fructose, salt, anchovies (fish), onions, tamarind extract, garlic, spices, flavour), Salt, Onion powder (sulphites), Ginger, Mustard powder, Xanthan gum, Black pepper, Basil, Cayenne pepper.																					
<b>apetito</b>	Macaroni and Beef	<b>04551</b>	00056202045516	3 x 2kg	<b>90</b>	<b>7</b>	<b>9</b>	<b>1</b>	<b>3</b>	<b>3.5</b>	<b>1</b>	<b>0.1</b>	<b>10</b>	<b>200</b>	<b>200</b>	<b>75</b>	<b>30</b>	<b>40</b>	<b>4</b>	<b>1</b>	
Ingredients: Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Water, Lean ground beef, Macaroni (durum wheat semolina, niacin, ferrous sulphate, thiamine mononitrate, riboflavin, folic acid), Crushed tomatoes (tomatoes, salt, citric acid), Tomato paste, Onions, Textured soy protein product (soy protein concentrate, caramel colour), Soy sauce (water, wheat, soybeans, salt, sodium benzoate), Sugar, Modified starch (corn, tapioca or potato), Canola oil, Concentrated lemon juice, Xanthan gum, Flavour (flavour, salt, yeast extract), Salt, Beef bouillon (sugars (glucose solids, dextrose, sugar), salt, corn starch, flavour, colour (caramel), onion powder, vegetable oil (canola oil, extra virgin olive), beef extract, disodium guanylate, disodium inosinate, spices (celery)), Onion powder, Garlic powder, Spices.																					
<b>apetito</b>	Chicken Stew	<b>04553</b>	00056202045530	3 x 2 kg	<b>100</b>	<b>9</b>	<b>6</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>1.5</b>	<b>0.1</b>	<b>30</b>	<b>230</b>	<b>250</b>	<b>125</b>	<b>23.5</b>	<b>30</b>	<b>0.4</b>	<b>0.3</b>	
Ingredients: Cooked seasoned chicken breast (chicken breast fillets, water, modified corn starch, salt), Water, Cream (milk, cream (milk), dextrose, sodium citrate, sodium phosphate, carrageenan, locust bean gum), Potatoes (potatoes, canola oil, sodium phosphate, dextrose), White wine (sulphite), Mushrooms, Onions, Celery, Carrots, Pearl onions, Wax Beans, Peas, Whole milk powder, Modified corn starch, Canola oil, Chicken seasoning (salt, dehydrated chicken, chicken fat (includes rosemary extract), rice flour, sugar, dehydrated vegetables (onion, garlic), spices (includes celery, turmeric), Garlic (water, dehydrated garlic, canola oil, citric acid), Xanthan gum, Thyme, Rosemary, Yeast extract, Black pepper, Bay leaves.																					
<b>apetito</b>	Vegetable Lasagna	<b>04032</b>	00056202040320	4 x 2 kg	<b>170</b>	<b>7</b>	<b>25</b>	<b>2</b>	<b>2</b>	<b>4.5</b>	<b>2</b>	<b>0</b>	<b>25</b>	<b>160</b>	<b>200</b>	<b>150</b>	<b>60</b>	<b>100</b>	<b>7</b>	<b>1.75</b>	
Ingredients: Crushed tomatoes (tomatoes, salt, citric acid), Water, Wheat semolina, Mozzarella cheese (milk, modified milk ingredients, salt, bacterial culture, microbial enzyme), Ricotta (modified milk ingredients, salt, citric acid), Liquid whole egg, Wheat flour, Spinach, Modified corn starch, Red bell peppers, Green bell peppers, Zucchini, Onion, Vegetable oil (olive oil, canola oil), Carrots, Parmesan cheese (milk, bacterial culture, salt, lipase, calcium chloride, microbial enzyme, powdered cellulose), Romano cheese (milk, bacterial culture, salt, lipase, calcium chloride and/or microbial enzyme, powdered cellulose), Broccoli, Celery stalk, Salt, Garlic powder, Black pepper, Basil, Garlic, Parsley, Oregano.																					
<b>apetito</b>	Oriental Beef	<b>04557</b>	00056202045578	3 x 2 kg	<b>80</b>	<b>8</b>	<b>7</b>	<b>1</b>	<b>4</b>	<b>2</b>	<b>0.4</b>	<b>0</b>	<b>20</b>	<b>520</b>	<b>175</b>	<b>75</b>	<b>40</b>	<b>20</b>	<b>7</b>	<b>0.75</b>	
Ingredients: Beef, Water, Broccoli, Oyster sauce (water, sugar, salt, oyster extractives (oyster, water, salt), modified corn starch, caramel colour), Carrots, Mushrooms, Green peppers, Red peppers, Modified starch (corn, tapioca or potato), Beef bouillon (corn syrup solids, salt, corn starch, flavour, caramel colour, onion powder, vegetable oil (canola oil, extra virgin olive), beef extract, dextrose, sugar, disodium guanylate, disodium inosinate, spices (celery)), Sugar, Canola oil, Sesame oil (sesame oil, canola oil), Xanthan gum, Onion powder, Spices.																					
<b>apetito</b>	Country Style Pork Casserole	<b>04568</b>	00056202045684	3 x 2 kg	<b>106</b>	<b>8.9</b>	<b>8.6</b>	<b>0.8</b>	<b>1.7</b>	<b>3.7</b>	<b>0.95</b>	<b>0.036</b>	<b>31</b>	<b>290</b>	<b>256</b>	<b>113</b>	<b>46</b>	<b>13</b>	<b>2</b>	<b>0.67</b>	
Ingredients: Pork, Water, Potatoes, Onions, Celery, Bacon (Pork, Water, Salt, Sodium Phosphate, Sugar, Sodium Erythorbate, Sodium Nitrite, Spices, Smoke), Carrots, Apple Juice Concentrate, Vinegar, Dijon Mustard (Vinegar, Water, Mustard Seed, Salt, Wine, Sugar, Pectin, Citric Acid, Tartaric Acid, Spices), Modified Corn Starch, Garlic, Canola Oil, Salt, Gelatin (Sulphites), Yeast Extract, Spice.																					
<b>apetito</b>	Chana Masala	<b>04507</b>	00056202045073	5 x 1 kg	<b>130</b>	<b>6</b>	<b>21</b>	<b>6</b>	<b>5</b>	<b>3</b>	<b>0.1</b>	<b>0</b>	<b>0</b>	<b>260</b>	<b>300</b>	<b>120</b>	<b>42</b>	<b>51</b>	<b>4</b>	<b>2.11</b>	
Ingredients: Chickpeas, Water, Tomatoes (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), Onions, Spice, Ginger, Brown Sugar, Garlic (Garlic, Canola Oil), Lemon Juice (Water, Lemon Juice Concentrate, Sodium Bisulfite (Sulphites), Sodium Benzoate, Lemon Oil), Modified Corn Starch, Salt.																					
<b>apetito</b>	Shepherds Pie	<b>04015</b>	00056202040153	4 x 2kg	<b>100</b>	<b>6</b>	<b>9</b>	<b>1</b>	<b>0</b>	<b>4</b>	<b>1.5</b>	<b>0.1</b>	<b>15</b>	<b>220</b>	<b>200</b>	<b>50</b>	<b>0</b>	<b>10</b>	<b>0.4</b>	<b>0.75</b>	
Ingredients: Water, Ground beef, Dehydrated potato (potatoes, vegetable oils (canola oil, palm oil and/or sunflower oil), salt, mono and diglycerides, colors (titanium dioxide, riboflavin), ascorbic acid (vitamin C), natural and artificial flavor, butter oil, sodium bisulfite, sodium acid pyrophosphate, BHT, citric acid), Onions, Modified starch (corn, tapioca or potato), Beef bouillon (sugars (glucose solids, dextrose, sugar), salt, corn starch, flavour, colour (caramel), onion powder, vegetable oil (canola oil, extra virgin olive), beef extract, disodium guanylate, disodium inosinate, spices (celery)), Salt, Canola oil, Xanthan gum, Caramel colour (sulphites), Garlic powder, Onion powder, Spices.																					